The many colours of ‘the dress’

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There has been an intense discussion among the public about the colour of a dress, shown in a picture posted originally on Tumblr (http://swiked.tumblr.com/post/112073818575/guys-please-help-me-is-this-dress-white-and; accessed on 10:56 am GMT on Tue 24 Mar 2015). Some people argue that they see a white dress with golden lace, while others describe the dress as blue with black lace. Here we show that the question “what colour is the dress?” has more than two answers. In fact, there is a continuum of colour percepts across different observers. We measured colour matches on a calibrated screen for two groups of observers who had reported different percepts of the dress. Surprisingly, differences between the two groups arose mainly from differences in lightness, rather than chromaticity of the colours they adjusted to match the dress. We speculate that the ambiguity arises in the case of this particular image because the distribution of colours within the dress closely matches the distribution of natural daylights. This makes it more difficult to disambiguate illumination changes from those in reflectance.

As Newton remarked, colour is not a property of an object. It arises when a surface is illuminated and light is reflected into the eye of an observer, who interprets the light distribution of the whole scene and assigns a colour to the object. Remarkably, humans and animals are very good at assigning constant colours to objects, even though the retinal light stimulus is the ever-changing product of illumination and reflectance. A simple adaptation mechanism can explain this colour constancy to a large extent, but there are numerous other factors at work [1]. How can constancy then fail so badly in the case of this dress?

Constancy fails in the first place because the stimulus is not the real dress, but a photograph in which the automatic white balance setting of the camera did not match the true illumination of the scene. Once the image was taken, the colours that would be perceived by most observers when viewing the dress in real life (blue and black) are no longer perceptually available to the majority of observers. Different people see different colours when viewing the photograph; and that opens many interesting questions that have fascinated the public and scientists alike.

Clearly, physical factors play a role. When viewing the image on LCD screens at different viewing angles, vastly different colours emerge. Different viewing sizes certainly add to the variability [2]. However, even when viewing the image on the same device, from the same distance at the same angle, differences emerge. These must be due to the visual system of different observers performing different computations. What are these differences then, and how might they arise?

In the first few days following the posting, we made measurements in our lab of the colour percepts of 15 observers. The observers viewed the image of the dress on a well-calibrated colour display under controlled lighting conditions. They had the task of adjusting the colour of a disc, displayed on the same screen,
so that it would match for them the colour of the dress [3]. We also had them match the colour of the lace parts of the dress. In a separate task, we asked them to select from the Munsell Glossy collection the chip that best matched their recollection of the dress and lace colours (see Supplemental Information).

Displaying the participants’ matches in colour space, we can infer that there is a continuous distribution of colour percepts, rather than a bimodal one, which might have been expected from the two labels colloquially used (‘white and gold’ versus ‘blue and black’). Secondly, the dress matches for the two different groups of observers overlap to a large degree in Figure 1A, where only chromaticity is considered (t₁₃ = 0.06, n.s.). They separate well when the luminance of the matches is taken into account in Figure 1B (t₁₃ = 4.56, p < 0.001). This is also borne out by their choices of Munsell chips (Figure 1C) that largely overlap in Chroma and Hue for both groups, but differ in Value (Supplemental Information). Thirdly, the distributions of colours within both the dress and the lace fall near the same line through the origin of colour space (Figure 1A). This line is very close to the daylight locus, the set of all illuminant colours from yellow to blue that occur during the course of a day [4,5].

We can conclude from these results that different observers indeed perceive different colours when looking at the picture of the dress. However, the differences do not arise with respect to hue or saturation, but are mainly due to the perceived differences in lightness. The question should thus not be whether the dress is blue or white, but whether it is light blue or dark blue. Despite the continuous choice of matching colours, observers are consistent in calling the dress ‘white’ when their match lies above a certain luminance, and ‘blue’ when it lies below. We can thus exclude the possibility that observers would simply differ in their colour naming conventions and use different labels for identical percepts. This finding is in agreement with previous colour naming studies where remarkably high levels of consistency were observed between and within participants [6].

We are left with the open question how different people arrive at different conclusions when interpreting the same sensory data. The distribution of dress pixels along the daylight locus might be coincidental, but there is some evidence that this would make it much harder for the observers to disentangle illumination colour from object reflectance [7,8]. The bright blue tones present in the image could equally well be due to a dark bluish illumination on a white dress, or to a blue dress under a neutral bright light. Indeed, we have shown in a recent study [7] that observers differ mainly along this direction when they have to adjust the colour of a surface to appear neutral grey (Figure 1A). Under conditions of high uncertainty, as found in the photograph, observers may differ quite substantially in their assumptions about the colour temperature and intensity of the light source. This in turn affects their perception of the surface colours within the scene.

If the particular colour direction is indeed of importance, then the uncertainty should vanish if different colours are chosen for the dress, as for example in Figure 1D–G. When viewing the dress with the rotated colour distribution (E), none of our observers kept naming the dress ‘white’. It was seen as ‘pink’ or ‘red’, presumably because there is no uncertainty anymore about reflectance and illumination. This is also the case when the colours in the image are rotated by 180 degrees. In this case, the chromaticities still fall on the daylight locus, but the luminances no longer correspond to the natural variations of sunlight. During the course of a day, more yellowish sunlight goes along with lower intensities [4,5]. Asymmetries between bluish and yellowish illuminations have been reported before [8,9]. Thus, it seems that observers do use this correlation to disentangle illumination and surface reflectance. Interestingly, most of the variation is also lost in the grayscale image to the right, where all our observers name the dress as ‘light grey’ or ‘silver’, but not ‘white’. It seems to be the covariation of luminance and colour that is required to elicit ambiguity about the dress. The popular image of this dress has shown impressively that our perception of the world is not just a result of physical properties recorded by our senses. Rather, we make assumptions about the world that guide the interpretation of sensory data, and these assumptions can be quite different for different individuals.

SUPPLEMENTAL INFORMATION

Supplemental Information includes experimental procedures, one figure and one table and can be found with this article online at http://dx.doi.org/10.1016/j.cub.2015.04.043.

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